

Old Wives' Tales for Predicting Gender

Old Wives' Tale	Boy	Girl
Cravings	Salty/Sour	Sweet
Complexion	Clear	Breakouts
Hair and nails	Thick and long	Thin and brittle
Body temperature	Cold	Hot
Morning sickness	No	Yes
Swollen legs	Yes	No
Headaches	Yes	No
Heartburn	No	Yes
Clumsy	Yes	No
Mood	Mellow	Moody
Full breasts	Yes	No
Dark nipples	Yes	No
Partner's weight	Same	Gain
Sleeping on	Left	Right
Carrying (Baby bump sits)	Low	High
Linea Nigra starts	Above belly button	Below belly button
Baby's heart rate	Under 140 bpm	Over 140 bpm