

## Hobbies For Introverts

- Reading
- Writing
- Painting
- Drawing
- Photography
- Playing an instrument
- Sewing
- Knitting
- Crocheting
- Cross-stitching
- Embroidery
- Gardening
- Baking
- Cooking
- Woodworking
- Sculpting
- Pottery
- Jewelry making
- Candle making
- Soap making
- Calligraphy
- Origami
- Scrapbooking
- Collage making
- Adult coloring books
- Puzzle solving
- Sudoku
- Chess
- Board games
- Video games
- Watching movies
- Watching TV shows
- Listening to music
- Dancing alone or with a few close friends
- Meditating
- Yoga
- Pilates
- Running
- Jogging
- Walking in nature
- Hiking
- Camping
- Fishing
- Bird-watching
- Star-gazing
- Collecting stamps
- Collecting coins
- Collecting seashells
- Collecting rocks
- Collecting antiques
- Collecting vintage items
- Collecting retro items
- Horseback riding
- Diving
- Snorkeling
- Surfing
- Stand-up paddleboarding
- Kayaking
- Canoeing
- Rafting
- Snowboarding
- Skiing
- Ice-skating
- Ice hockey
- Roller-skating
- Rollerblading
- Bowling
- Mini-golfing
- Golfing

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|---|--|---------------------------------------|
| <input type="checkbox"/> Tennis         | <input type="checkbox"/> Paragliding     | <input type="checkbox"/> Bodybuilding |
| <input type="checkbox"/> Table tennis   | <input type="checkbox"/> Rock climbing   | <input type="checkbox"/> Crossfit     |
| <input type="checkbox"/> Badminton      | <input type="checkbox"/> Indoor climbing | <input type="checkbox"/> Piloxing     |
| <input type="checkbox"/> Swimming       | <input type="checkbox"/> Archery         | <input type="checkbox"/> Zumba        |
| <input type="checkbox"/> Water aerobics | <input type="checkbox"/> Fencing         | <input type="checkbox"/> Barre        |
| <input type="checkbox"/> Scuba diving   | <input type="checkbox"/> Martial arts    | <input type="checkbox"/> Ballet       |
| <input type="checkbox"/> Skydiving      | <input type="checkbox"/> Boxing          |                                       |
| <input type="checkbox"/> Bungee jumping | <input type="checkbox"/> Weightlifting   |                                       |